

"Suicide is PAINLESS - OR SO THE SONG GOES"
BY PAT/SALTY

THE SONG SANG IN THE MOVIE MASH;
"suicide is PAINLESS..."
MY ASS, IT IS.

IF YOU DO IT THE RIGHT WAY, SURE.
DO IT THE WRONG WAY - FORGET ABOUT IT!
TO THOSE WHO WILL SAY, OR WHO WILL ASK
THEMSELVES, "Why is he WRITING ABOUT suicide?"
MY ANSWER IS; Why NOT?

I WRITE ABOUT EVERYTHING ELSE -
Why NOT suicide, too?

BEING A SUPREEM REALIST, AND BEING
METHODICAL, WE WILL NOW EXAMINE, IN
A RATIONAL WAY, THE PRACTICAL ASPECTS
OF SUICIDE (I'LL LEAVE THE "MORAL
ASPECTS" FOR OTHERS TO ADDRESS):

● HANGING ONESELF IS NOT A GOOD WAY
TO GO ABOUT KILLING ONESELF, PERIOD.
RIGHT OFF THE BAT YOU'D BE SETTING
YOURSELF UP FOR A STRUGGLE BETWEEN
YOUR OWN BODY (WHICH IS MINDLESS AND
ALWAYS STRUGGLES TO LIVE) AND THE
MIND - YOU - THAT WANTS TO DIE.

PLUS, ITS MESSY. BLADDER CONTROL
IS LOST, RESULTING IN A PUDDLE AND....
POSSIBLY MORE: DO YOU WANT TO BE
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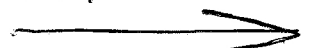
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FOUND THAT WAY?
PLUS, IF YOU BOTCH IT (AND HOW MANY PROFESSIONAL HANGMEN ARE EVEN LEFT NOWADAYS?) YOU MIGHT BE CUT DOWN BY SOMEONE WHO FINDS YOU, AND SPEND THE REST OF YOUR LIFE AS A VEGETABLE. SO HANGING IS OUT.

NEXT, THE UNIVERSAL FEMALE FAVORITE (STATISTICS PROVE IT); TO OVERDOSE ON SLEEPING PILLS OR DRUGS.

THIS OPTION IS WORTH EXPLORING FURTHER; WHAT KIND OF NARCOTIC? HOW MANY? IDEALLY, ONE SWALLOWS AS MANY PILLS AS ARE AVAILABLE AND TRYS TO DRINK ALCOHOL WITH THEM IN ORDER TO MAXIMIZE THEIR EFFECT - AND - AGAIN, IDEALY, YOU ALSO GET TO "GO TO SLEEP" - FOREVER - IN YOUR OWN BED.

POTENTIAL PROBLEMS; UNDERESTIMATING THE AMOUNT OF DRUGS NEEDED TO DO THE DEED WHICH WOULD MEAN POSSIBLY BEING FOUND, RUSHED TO HOSPITAL, AND HAVING YOUR STOMICH PUMPED OUT - THEN ~~CONFINED~~ CONFINED TO THE LOONEY BIN FOR AN INDEFINATE PERIOD.



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ARE YOU A PHARMACOLOGIST?

I DIDN'T THINK SO.

SO UNLESS YOU HAVE 50 TO 150 BARBITUATE TABLETS AVAILABLE TO YOU, AND HAVE A SECURE BEDROOM OR SOMEPLACE WHERE YOU KNOW YOU WON'T BE BOTHERED OR FOUND FOR 2 TO 4 DAYS, YOU'D BETTER SCRATCH OVERDOSING FROM YOUR SUICIDE OPTIONS LIST RIGHT NOW. LETS EXAMINE THE OLD STANDBY MALE SUICIDAL PREFERENCE METHODS NOW;

- 1) SELF INFLICTED GUNSHOT
- 2) LEAPING IN FRONT OF A MOVING TRAIN, AND,
- 3) LEAPING FROM A TALL LIGHT.

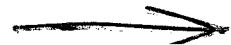
THEY ALL HAVE BOTH PRO'S AND CONS, NATURALLY. GUNSHOT SUICIDE: FIRST, YOU HAVE TO HAVE, OR HAVE ACCESS TO, A GUN. PISTOLS ARE BEST BUT ONE CAN JUST AS EFFECTIVELY END ONES LIFE WITH ANY LONG GUN - WITH ANY RIFLE OR SHOTGUN - AS WITH A ~~PISTOL~~ HANDGUN (BRIAN KEITH OF THE OLD 60'S T.V. SHOW 'FAMILY AFFAIR' CHOOSE THIS WAY TO END IT WHEN HE HAD CANCER, AND THE WRITER ERNEST HEMMINGWAY DID IT THIS WAY, TOO) →

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ALSO, MANY JAPANESE SOLDIERS DURING WORLD WAR TWO; ~~ALSO~~ you simply LAY DOWN, PUT THE BARREL OF THE RIFLE (OR SHOTGUN) IN YOUR MOUTH, AND PULL/PUSH THE TRIGGER WITH YOUR TOE! THATS RIGHT, WITH YOUR TOE, hey, it AINT ROCKET SCIENCE, SHERLOCKS. WHATEVER WORKS - AND IT DOES WORK. MESSY - SURE - BUT ITS OVER LIKE IN BOOM! AS YOU CAN SEE BY THE SUICIDE BY GUNSHOT EXAMPLE, AND BY THE LEAPING IN FRONT OF A TRAIN + FROM A GREAT HEIGHT - WHICH, UNLIKE O.D.ING, ~~is~~ ARE ALL GUY THINGS - MALES DONT CARE HOW THEY LOOK AFTERWORDS, WHILE FEMALES - AS A RULE - DO.

IN DEATH - AS IN LIFE - WITH GUYS ITS "THE MESSIER THE BETTER".

I WOULD ADD THAT OPTION TWO REQUIRES THE SUICIDE TO LEAP IN FRONT OF A MOVING TRAIN BUT ISN'T THAT OBVIOUS? ONLY A ~~THE~~ DAMNED MORON WOULD TRY TO KILL HIMSELF BY LEAPING IN FRONT OF A TRAIN THAT WASSNT MOVING! I WOULD ADD, FOR EFFECTIVENESS SAKE,



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THAT ANY TRAIN LEAPER CANDIDATE
MAKE SURE TO LEAP ONLY AT THE
LAST POSSIBLE INSTANT AND ONLY
IN FRONT OF A FAST MOVING TRAIN.
AND IF YOU DO NOT WANT TO SPEND YOUR
LAST SECONDS ON EARTH LOOKING INTO
THE FACE OF SOME HORRIFIED TRAIN
ENGINEER (WHO KNOWS HE WILL NEVER
BE ABLE TO STOP HIS TRAIN IN TIME)
AND IF YOU DON'T WANT THE POOR BUGGER
TO BE WAKING UP WITH NIGHTMARES
(SEEING YOUR FACE LOOKING INTO HIS
OVER AND OVER AGAIN FOR YEARS AFTERWARDS)
THEN A WORD OF ADVICE IS IN ORDER;
TURN YOUR BACK TO THE ONCOMING
TRAIN AND AT LEAST HAVE THE SIMPLE
DECENCY TO SPARE THE TRAIN DRIVER THAT.
THE SUICIDE IS MASSIVE + INSTANT
(VIRTUALLY - BUT DON'T ASK) BUT, OF
COURSE, REALLY, REALLY MESSY.
BUT HECK, YOU WON'T BE AROUND TO
SHOVEL UP + CLEAN UP YOUR OWN MESS,
SO WHY SHOULD YOU CARE ABOUT THAT?
WHICH BRINGS US - FINALLY! - TO THE
OLD SUICIDAL STANDBY; LEAPING TO
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ONES DEATH FROM A GREAT HIGHT.
OF COURSE IT HAS TO BE FROM A GREAT
HIGHT - ONLY THOSE PROVERBIAL
SUICIDAL MORONS WOULD ATTEMPT TO
KILL THEMSELVES BY LEAPING FROM,
SAY, A LADDER OR A 20 FOOT TREE,
OR WHATEVER.

NO, A GREAT HIGHT IT MUST BE.
AND THE HIGHER UP, THE BETTER.
IDEALLY - ALTHOUGH WE ALL KNOW WE DO
NOT LIVE IN AN IDEAL WORLD - THE
IDEAL WOULD BE TO JUMP FROM
AN AIRPLANE WITHOUT A PARACHUTE.
THIS WOULD ASSURE THAT YOUR LAST
MOMENTS ON EARTH WERE ENJOYABLE
AS ITS NOT THE FALL THAT KILLS YOU,
BUT THE LANDING.

THE LONG FREEFALL IS EXILERATING.
PLEASURABLE. ENJOYABLE. YOU'LL
PROBABLY WISH YOU COULD SOMEHOW
GO BACK UP IN ANOTHER AIRPLANE
AND DO IT ALL OVER AGAIN, EVEN.
WRONG, BUNKY; REMEMBER? YOU
CHOSE SUICIDE BY LEAPING FROM A PLANE
WITHOUT A PARACHUTE; YOU SHOULD HAVE
TAKEN UP SKYDIVING INSTEAD! "RRRRRRR"x